

JOHN WOOD SCHOOL AND NURSERY

Safeguarding across the curriculum

Whole School Theme Weeks/Days and initiatives/practices

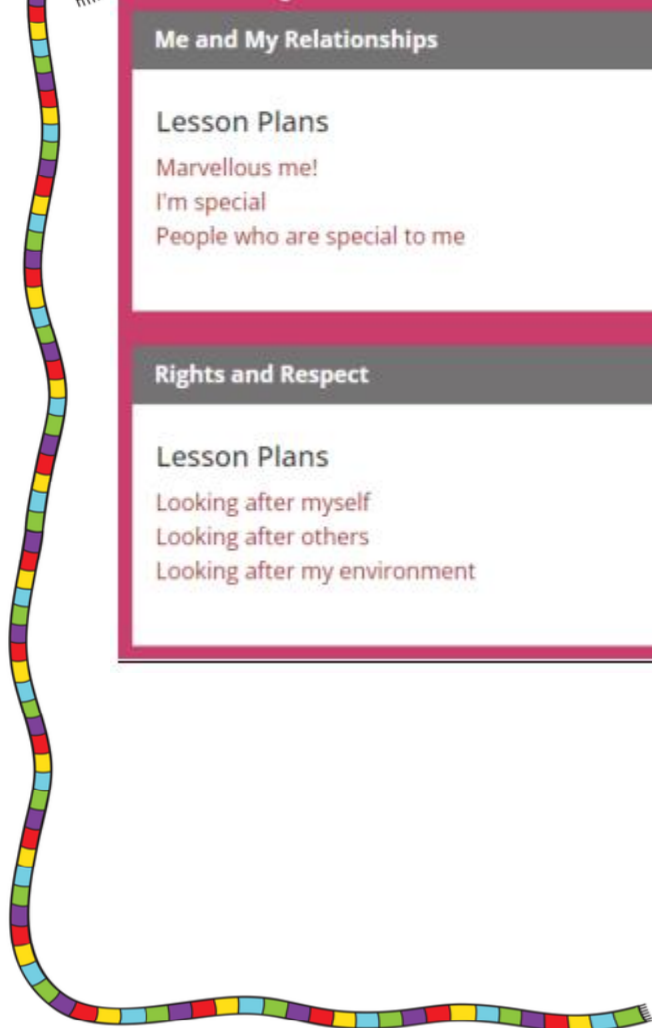
Safeguarding
Online Safety
Fire Safety
First Aid
Mental Health
Consent
PSHE
Assemblies
Visits
Workshops
British Values
Core Values

- Odd Socks Day and Anti-Bullying Week
- Online Safety Week Assemblies
- Safeguarding Assemblies
- Escalator Safety with TfL
- Road Safety Week Assemblies
- Speak Out, Stay Safe
- NSPCC Pants Rule and Pantosaurus Books
- PSHE assemblies throughout the year
- Online Safety Picture Book Assemblies (and books in classrooms)
- Talk Consent Workshops - Y5 & Y5
- Breck Foundation Workshops
- Safe and Well Workshop – Croydon LA – Year 6
- Child-friendly safeguarding posters in classrooms
- Fire safety/lock down drills
- Fire safety workshops with Y2 – London Fire Brigade
- Fire safety visit from London Fire Brigade – Reception
- Hello Yellow! And Mental Health Awareness Week
- Year 6 TFL transition workshops
- Worry Monster and Zones of Regulation in each classroom
- Forest School – outdoor safety



Nursery – PSHE Curriculum

Me and My Relationships	Valuing Difference	Keeping Safe
Lesson Plans Marvellous me! I'm special People who are special to me	Lesson Plans Me and my friends Friends and family Including everyone	Lesson Plans People who help me and keep me safe Safety Indoors and Outdoors What's safe to go into my body
Rights and Respect	Being my Best	Growing and Changing
Lesson Plans Looking after myself Looking after others Looking after my environment	Lesson Plans What does my body need? I can keep trying I can do it!	Lesson Plans Growing and changing in nature When I was a baby Girls, boys and families



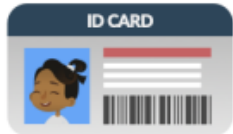


Reception – PSHE Curriculum

Me and My Relationships	Valuing Difference	Keeping Safe
Lesson Plans All about me What makes me special Me and my special people Who can help me? My feelings My feelings (2)	Lesson Plans I'm special, you're special Same and different Same and different families Same and different homes I am caring I am a friend	Lesson Plans What's safe to go onto my body Keeping Myself Safe - What's safe to go into my body (including medicines) Safe indoors and outdoors Listening to my feelings Keeping safe online People who help to keep me safe
Rights and Respect	Being my Best	Growing and Changing
Lesson Plans Looking after my special people Looking after my friends Being helpful at home and caring for our classroom Caring for our world Looking after money (1): recognising, spending, using Looking after money (2): saving money and keeping it safe	Lesson Plans Bouncing back when things go wrong Yes, I can! Healthy eating My healthy mind Move your body A good night's sleep	Lesson Plans Seasons Life stages - plants, animals, humans Life Stages: Human life stage - who will I be? Where do babies come from? Getting bigger Me and my body - girls and boys

JOHN WOOD SCHOOL AND NURSERY Safeguarding across the curriculum

Year 1 – Online Safety Curriculum

				
digital footprint	going online	internet	personal information	trusted adult

Personal information	
	
name	age
	
address	birthday

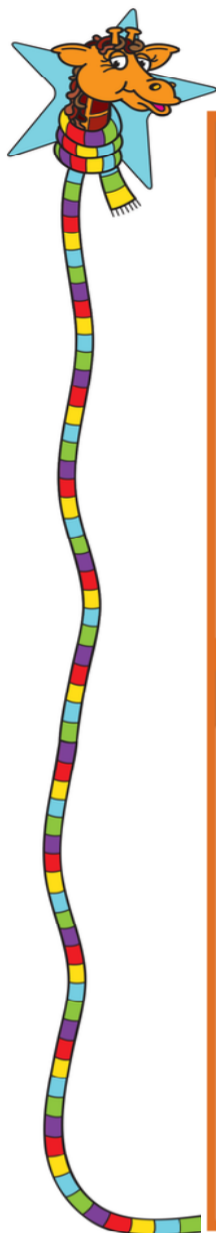
Staying safe online	
Strangers are people you don't know online. 	Be kind online as you would in real life. 
Keep personal information private. 	Tell a trusted adult if you are unsure. 

JOHN WOOD SCHOOL AND NURSERY

Safeguarding across the curriculum

Year 1 – PSHE Curriculum

Me and My Relationships Lesson Plans Why we have classroom rules How are you listening? Thinking about feelings Our feelings Feelings and bodies Good friends Assessment Plans Me and My Relationships - Pre and Post Unit Assessment: Y1/P2	Valuing Difference Lesson Plans Same or different? Unkind, tease or bully? Harold's school rules It's not fair! Who are our special people? Our special people balloons Assessment Plans Valuing Difference - Pre and Post Unit Assessment: Y1/P2	Keeping Safe Lesson Plans Super sleep Who can help? (1) Good or bad touches? Sharing pictures What could Harold do? Harold loses Geoffrey Assessment Plans Keeping Safe - Pre and Post Unit Assessment: Y1/P2
Rights and Respect Lesson Plans Harold has a bad day Around and about the school Taking care of something Harold's money How should we look after our money? Basic first aid Assessment Plans Rights and Respect - Pre and Post Unit Assessment: Y1/P2	Being my Best Lesson Plans I can eat a rainbow Eat well Harold's wash and brush up Catch it! Bin it! Kill it! Harold learns to ride his bike Pass on the praise! Inside my wonderful body! (OPTIONAL) Assessment Plans Being My Best - Pre and Post Unit Assessment: Y1/P2	Growing and Changing Lesson Plans Healthy me Then and now Taking care of a baby Who can help? (2) Surprises and secrets Keeping privates private Assessment Plans Growing and Changing - Pre and Post Unit Assessment: Y1/P2



Year 2 – Online Safety Curriculum

offline	Not being connected to the internet.
online	Being connected to the internet via a device such as a computer, laptop or phone.
password	A secret word or phrase that is used to gain access to something.
personal information	Information such as our full name, address, birthday, or where we go to school.
sharing online	Sharing content (music, photos, videos or information) online.

Permission:

We must ask someone's permission before sharing photos, videos or information about them.



It is ok to say no when someone asks if they can share something online about us.



A strong password is a password that is difficult for someone to guess.

You can make a stronger password by:

- 1) Combining upper and lower case letters, numbers and symbols.

HappY333? BiKeR4646!

- 2) Making numbers look like letters.

M0nk3y321. D1nos4ur456!

- 3) Joining words together.

Slimebike45! Iloveschool123.

Not everything we see online is true.



Year 2 – PSHE Curriculum



Me and My Relationships	Valuing Difference	Keeping Safe
Lesson Plans Our ideal classroom (1) Our ideal classroom (2) (OPTIONAL) How are you feeling today? Let's all be happy! Being a good friend Types of bullying Don't do that! Bullying or teasing? (OPTIONAL) Assessment Plans Me and My Relationships - Pre and Post Unit Assessment: Y2/P3	Lesson Plans What makes us who we are? My special people How do we make others feel? When someone is feeling left out An act of kindness Solve the problem Assessment Plans Valuing Difference - Pre and Post Unit Assessment: Y2/P3	Lesson Plans Harold's picnic How safe would you feel? What should Harold say? I don't like that! Fun or not? Should I tell? Assessment Plans Keeping Safe - Pre and Post Unit Assessment: Y2/P3
Rights and Respect	Being my Best	Growing and Changing
Lesson Plans Getting on with others When I feel like erupting Feeling safe Playing games Harold saves for something special Harold goes camping (OPTIONAL) How can we look after our environment? Assessment Plans Rights and Respect - Pre and Post Unit Assessment: Y2/P3	Lesson Plans You can do it! My day Harold's postcard - helping us to keep clean and healthy Harold's bathroom What does my body do? My body needs... (OPTIONAL) Basic first aid Assessment Plans Being My Best - Pre and Post Unit Assessment: Y2/P3	Lesson Plans A helping hand Sam moves away Haven't you grown! My body, your body Respecting privacy Some secrets should never be kept Assessment Plans Growing and Changing - Pre and Post Unit Assessment: Y2/P3

JOHN WOOD SCHOOL AND NURSERY

Safeguarding across the curriculum

Year 3 – Online Safety Curriculum

auto complete	When software guesses what is being typed and suggests a word or phrase.
belief	Something we accept to exist or be true, usually without proof.
fact	Something that can be proven to be true by evidence.
fake news	Online news or stories that are not true.
opinion	A view or judgement about something.
privacy settings	The controls put in place to manage what kind of information and how much of your information can be shared with or seen by other people and companies.
social media platforms	Websites and apps where people can share information about what is happening in their lives (e.g. Snapchat, Instagram, Twitter, etc).

If something online makes you feel uncomfortable or scared:

Block it and report it.	Check your device and privacy settings.	Tell a trusted adult.
		

BBC's Own It website (<https://www.bbc.com/ownit>) has lots of tips and information to help you stay safe online.



It is important to think about what information we share online.



Digital devices are communicating all the time and sharing our personal information between themselves.

Age restrictions show the minimum age you should be to use social media sites and apps.



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Safeguarding across the curriculum

Year 3– PSHE Curriculum



Me and My Relationships

Lesson Plans

As a rule
Looking after our special people
How can we solve this problem?
Tangram team challenge (OPTIONAL)
Friends are special
Thunks
Dan's dare
My special pet (OPTIONAL)

Assessment Plans

Me and My Relationships - Pre and Post Unit
Assessment: Y3/P4

Valuing Difference

Lesson Plans

Respect and challenge
Family and friends
My community
Our friends and neighbours
Let's celebrate our differences
Zeb

Assessment Plans

Valuing Difference - Pre and Post Unit Assessment:
Y3/P4

Keeping Safe

Lesson Plans

Safe or unsafe?
Danger or risk?
The Risk robot
Super Searcher
Help or harm?
Alcohol and cigarettes: the facts
Raisin challenge (1) (OPTIONAL)

Assessment Plans

Keeping Safe - Pre and Post Unit Assessment:
Y3/P4

Rights and Respect

Lesson Plans

Helping each other to stay safe
Recount task
Our helpful volunteers
Can Harold afford it?
Earning money
Harold's environment project
Let's have a tidy up! (OPTIONAL)

Assessment Plans

Rights and Respect - Pre and Post Unit Assessment:
Y3/P4

Being my Best

Lesson Plans

Derek cooks dinner! (healthy eating)
Poorly Harold
Body team work
For or against?
I am fantastic!
Top talents
Getting on with your nerves! (OPTIONAL)

Assessment Plans

Being My Best - Pre and Post Unit Assessment:
Y3/P4

Growing and Changing

Lesson Plans

Relationship tree
Body space
None of your business!
Secret or surprise?
My changing body
Basic first aid

Assessment Plans

Growing and Changing - Pre and Post Unit
Assessment: Y3/P4

JOHN WOOD SCHOOL AND NURSERY Safeguarding across the curriculum

Year 4 – Online Safety Curriculum

ad	Short for advertisement, companies pay to have their website at the top of the list of search engine results.
belief	Something we accept to exist or be true, usually without proof.
bot	A computer program, sometimes referred to as a chatbot, that can act like a living thing (e.g. speaking to Alexa).
fact	Something that can be proven to be true by evidence.
in-app purchases	Extra content or services that are advertised and can be bought when using an app.
influencer	A person who recommends products or services on social media.
opinion	A view or judgement about something.
respectful	Being considerate and polite to others, such as treating people kindly and with good manners.
snippets	A short summary.

Companies use lots of techniques to try and encourage you to buy online.



special offers



extra lives/objects



pay to stop advertisements



search bar

search results

adverts

snippets

All search engines work slightly differently. It is important to understand how the results are found and displayed.

We should behave safely and respectfully both on and offline.



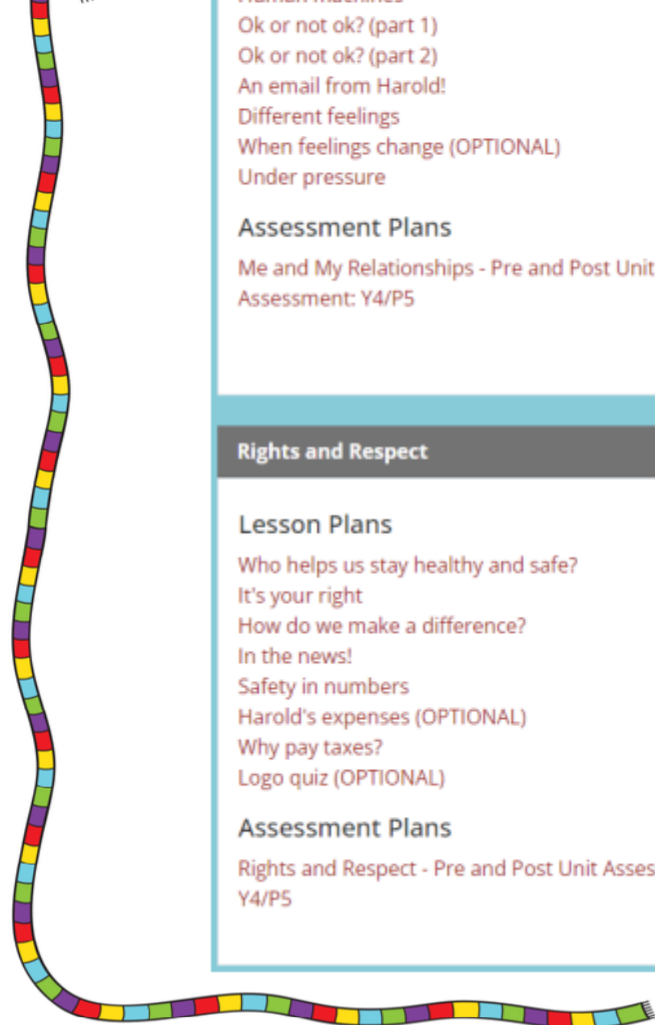
Technology can be both a positive and negative distraction. If technology is making you feel sad, angry or you are spending too much time on it, then try to find something else to do that does not involve screentime.

JOHN WOOD SCHOOL AND NURSERY Safeguarding across the curriculum

Year 4 – PSHE Curriculum



Me and My Relationships	Valuing Difference	Keeping Safe
Lesson Plans Human machines Ok or not ok? (part 1) Ok or not ok? (part 2) An email from Harold! Different feelings When feelings change (OPTIONAL) Under pressure Assessment Plans Me and My Relationships - Pre and Post Unit Assessment: Y4/P5	Lesson Plans Can you sort it? What would I do? The people we share our world with That is such a stereotype! Friend or acquaintance? Islands Assessment Plans Valuing Difference - Pre and Post Unit Assessment: Y4/P5	Lesson Plans Danger, risk or hazard? How dare you! Keeping ourselves safe Raisin challenge (2) Picture wise Medicines: check the label Know the norms (OPTIONAL) Traffic lights (OPTIONAL) Assessment Plans Keeping Safe - Pre and Post Unit Assessment: Y4/P5
Rights and Respect	Being my Best	Growing and Changing
Lesson Plans Who helps us stay healthy and safe? It's your right How do we make a difference? In the news! Safety in numbers Harold's expenses (OPTIONAL) Why pay taxes? Logo quiz (OPTIONAL) Assessment Plans Rights and Respect - Pre and Post Unit Assessment: Y4/P5	Lesson Plans What makes me ME! Making choices SCARF hotel Harold's Seven Rs My school community (1) Basic first aid Volunteering is cool (OPTIONAL) Assessment Plans Being My Best - Pre and Post Unit Assessment: Y4/P5	Lesson Plans Moving house My feelings are all over the place! All change! Preparing for changes at puberty (formerly Period positive/preparing for periods) Secret or surprise? Together Assessment Plans Growing and Changing - Pre and Post Unit Assessment: Y4/P5



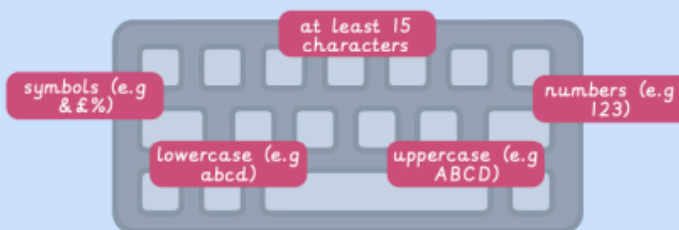
JOHN WOOD SCHOOL AND NURSERY

Safeguarding across the curriculum

Year 5 – Online Safety Curriculum

app	The shortened word for application is a type of computer program typically found on smart phones and tablets.
bullying	The deliberate act of harming, intimidating or threatening someone else to cause them physical or emotional distress.
health	The mental and physical condition of a person or living thing.
judgement	To come to a sensible conclusion about a matter or a person.
memes	An image or video visual with some usually humorous writing added to it.
online communication	The way people communicate (share and receive information) with each other over a computer networks, such as the internet.
permission	The action of allowing something to happen.
well-being	The state of mind, health and happiness.

A strong password contains the following:



Apps require our permission for things such as accessing location or photo library. It is important to know where there settings are.



Any form of online communication can be misinterpreted. Text may be misread and emojis or memes could be misunderstood.



Technology can have both positive and negative effects on our health and wellbeing.



Tell a trusted adult if you are getting bullied online. You can also get help from these places:

Childline
<https://www.childline.org.uk/>

NSPCC
<https://www.nspcc.org.uk/>

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Year 5 – PSHE Curriculum

Me and My Relationships Lesson Plans Collaboration Challenge! Give and take Communication (OPTIONAL) How good a friend are you? Relationship cake recipe Our emotional needs Being assertive Assessment Plans Me and My Relationships - Pre and Post Unit Assessment: Y5/P6	Valuing Difference Lesson Plans Qualities of friendship Kind conversations Happy being me The land of the Red People Is it true? Stop, start, stereotypes It could happen to anyone (OPTIONAL) Assessment Plans Valuing Difference - Pre and Post Unit Assessment: Y5/P6	Keeping Safe Lesson Plans Spot bullying Play, like, share Decision dilemmas Ella's diary dilemma Vaping: healthy or unhealthy? Would you risk it? 'Thinking' about habits (OPTIONAL) Drugs: true or false? (OPTIONAL) Smoking: what is normal? (OPTIONAL) Assessment Plans Keeping Safe - Pre and Post Unit Assessment: Y5/P6
Rights and Respect Lesson Plans What's the story? Fact or opinion? Mo makes a difference Rights, respect and duties Spending wisely Lend us a fiver! Local councils (OPTIONAL) Assessment Plans Rights and Respect - Pre and Post Unit Assessment: Y5/P6	Being my Best Lesson Plans It all adds up! Different skills My school community (2) Independence and responsibility Star qualities? Basic first aid, including Sepsis Awareness Assessment Plans Being My Best - Pre and Post Unit Assessment: Y5/P6	Growing and Changing Lesson Plans How are they feeling? Taking notice of our feelings Dear Ash Growing up and changing bodies Changing bodies and feelings Help! I'm a teenager - get me out of here! Dear Hetty (OPTIONAL) Assessment Plans Growing and Changing - Pre and Post Unit Assessment: Y5/P6



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Year 6 – Online Safety Curriculum

Digital footprint	The content someone shares about themselves online.
Digital personality	The person that companies, organisations and other people see based on their digital footprint.
Online reputation	The judgement of a person from information shared by themselves and others online.
Personality	The qualities and characteristics that make you who you are.
Selfie	A self-portrait that a person takes of themselves using a camera on a digital device or smartphone.
Sharing online	The way people communicate (share and receive information) with each other over a computer network, such as the internet.

Before you share online think:

Who do I want to see this?

Do I need to ask someone's permission?

Is this something I should be sharing?

Am I sharing something I know is true?



Our digital footprint can affect our online reputation in a positive or negative way.



Using avatars, usernames and not sharing personal information are good ways to reduce both your digital footprint and digital personality.



Sometimes things online can make us feel sad, worried, uncomfortable or frightened.



Telling a trusted adult, using privacy settings and blocking/reporting/screengrabbing are some of the ways to get help and make sure any problems online are dealt with in a proper and safe manner.

JOHN WOOD SCHOOL AND NURSERY

Safeguarding across the curriculum



Year 6 – PSHE Curriculum

Me and My Relationships Lesson Plans Working together Let's negotiate (OPTIONAL) Solve the friendship problem Dan's day (OPTIONAL) Behave yourself Assertiveness skills (formerly Behave yourself - 2) Don't force me Acting appropriately Assessment Plans Me and My Relationships - Pre and Post Unit Assessment: Y6/P7	Valuing Difference Lesson Plans OK to be different We have more in common than not Respecting differences Tolerance and respect for others Advertising friendships! Boys will be boys? - challenging gender stereotypes Assessment Plans Valuing Difference - Pre and Post Unit Assessment: Y6/P7	Keeping Safe Lesson Plans Think before you click! It's a puzzle (OPTIONAL) To share or not to share? Rat Park What sort of drug is...? Drugs: it's the law! Alcohol: what is normal? Joe's story (part 1) (OPTIONAL) Joe's story (part 2) (OPTIONAL) Assessment Plans Keeping Safe - Pre and Post Unit Assessment: Y6/P7
Rights and Respect Lesson Plans Two sides to every story Fakebook friends What's it worth? Jobs and taxes (OPTIONAL) Happy shoppers - caring for the environment Action stations! (OPTIONAL) Project Pitch (parts 1 & 2) (OPTIONAL) Democracy in Britain 1 - Elections Democracy in Britain 2 - How (most) laws are made Community art (OPTIONAL) Assessment Plans Rights and Respect - Pre and Post Unit Assessment: Y6/P7	Being my Best Lesson Plans This will be your life! Our recommendations What's the risk? (1) What's the risk? (2) Basic first aid, including Sepsis Awareness Five Ways to Wellbeing project Assessment Plans Being My Best - Pre and Post Unit Assessment: Y6/P7	Growing and Changing Lesson Plans I look great! Media manipulation Pressure online Helpful or unhelpful? Managing change Is this normal? Making babies What is HIV? (OPTIONAL) Assessment Plans Growing and Changing - Pre and Post Unit Assessment: Y6/P7

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